

The 10-Second Rule for “Medicare” Calls

Put these three lines by the phone, and share them with the people you love.

- 1** Medicare doesn’t call you out of the blue to sell or “verify”
- 2** Never confirm your Medicare number to a caller you didn’t dial
- 3** Hang up. YOU call: 1-800-MEDICARE (1-800-633-4227)

1-800-MEDICARE

1-800-633-4227

That’s the real Medicare line, the same number printed on the back of your own card.
You dial, so you know who answered.

Sources: FTC consumer alert on Medicare scams, consumer.ftc.gov (Sept 2025) • medicare.gov.

Plainly Retired is educational only. It is not insurance, financial, legal, or security advice, and it is not affiliated with, endorsed by, or connected to Medicare, CMS, the Social Security Administration, or any government agency. • plainlyretired.com